

Exceptional care that costs you
NOTHING.*



Nashville Healthcare Center

You should be at the center of your own
healthcare. And we are here to help.



Care at Nashville Healthcare Center costs you nothing!*

As a Metro employee, pensioner or dependent enrolled in a Metro medical plan, you're eligible for the **Metro Healthcare Incentive Program**, which gives you access to high-quality, no-cost care. Here's how it works:

When you seek care at Nashville Healthcare Center or Nashville General Hospital:

- If you are enrolled in the **BCBS PPO**, you pay no deductibles, coinsurance or medical copays*
- If you are enrolled in the **Cigna Choice Fund**, you pay no deductibles or coinsurance once you have spent all your HRA Fund*

* All ancillary/specialty services must be performed at Nashville General Hospital, even if you are seeing a physician at Nashville Healthcare Center or a Meharry clinic, to qualify for no-cost care under the Metro Healthcare Incentive Program. Some non-routine lab work by third-party vendors, such as LabCorp and MDL, may result in a copay or out-of-pocket cost.

If Medicare is your primary insurance, federal law prohibits program participation. Dental benefits are not included.

Note about explanations of benefits (EOBs): An EOB is NOT a bill, but a summary of services received. You do not owe amounts listed under "amount owed provider," unless it is referencing a third-party vendor, as previously noted. In that case, you will receive a bill from that vendor. Do not pay amounts from an EOB.



C O N V E N I E N T

A C C E S S I B L E

A F F O R D A B L E

E X C E P T I O N A L

Our Services

Nashville Healthcare Center offers a wide range of primary care services for the entire family, including:

Preventive Care

Annual, school, sports and work physicals (including CDL-required DOT medical exams); women's and men's health

Minor Illnesses and Injuries

Colds, flu and infections, allergies, headaches, minor cuts, burns and wounds, sprains and strains, basic lab tests (such as strep, flu and urinalysis)

Skin Disorders

Acne, athlete's foot, eczema, hives, bites and stings, poison ivy, rashes and shingles

Screenings and Blood Work

Blood sugar, blood pressure, cholesterol, pregnancy tests and more

Health Maintenance

Care for asthma, anxiety/depression, diabetes, high blood pressure, high cholesterol, thyroid disorders and other chronic conditions

Vaccinations and Injections

- Flu, pneumonia, Tdap, TB, hepatitis A and B and more
- Nausea, pain/inflammation, infections, allergic reactions, B-12 deficiency, birth control and more

Specialty Care

To ensure seamless continuum of care, NHC Midtown offers urology as well as cardiology, gynecology, orthopedics, surgery and other specialty care on rotating days per week. Additionally, NHC partners with Nashville General Hospital to offer these specialty services*:

- Dr. Robert E. Hardy Cancer Center
- Cardiology and Gastroenterology (GI)
- Women's Health – gynecology, obstetrics, urology, The Breast Health Center
- Men's Health – urology
- Emergency Care – medical, surgical, obstetric, pediatric and assault emergencies

Referrals

If you need more care than we offer, we can refer you to an appropriate specialist or expedite a referral to our partners at Nashville General Hospital (NGH). NGH offers an array of ancillary services* to complement the care you receive from your primary care physician, including lab/blood work, pathology, physical and occupational therapy, and radiology/imaging such as mammograms, MRIs and CAT scans.

* These services may require an order from your primary care physician as well as preauthorization from your insurance company. To qualify for no-cost care under the Metro Healthcare Incentive Program, all ancillary and specialty services must be performed at Nashville General Hospital, even if you are seeing a physician at Nashville Healthcare Center or a Meharry clinic.



Why use Nashville Healthcare Center?

We focus on the whole person.

Nashville Healthcare Center believes you are the most important member of your health care team. We strive to provide high-quality, patient-centered care, with a strong focus on prevention. Our goal is to help you achieve optimum health and wellness.

We're accessible.

We want you to get the care you need, when you need it. Our Midtown location at 1919 Charlotte Avenue is conveniently located in the heart of Music City, and easily accessible to Midtown, City Heights, North Gulch, Sylvan Heights and the Nations. We also offer:

- Free parking
- Same-day appointments (if available)
- Short wait times
- Online appointment scheduling at NashvilleHealthcareCenter.com

What if I already have a primary care provider?

Your relationship with your primary care physician (PCP) is personal. If you choose Nashville Healthcare Center to be your PCP, we will work with you to develop a customize care plan that respects your values and preferences. If you have a PCP in the community, you can use our partners at Nashville General Hospital for specialty referrals as well as services such as imaging, blood work, occupational therapy and physical therapy.

Meet our providers

Nashville Healthcare Center is certified as a Patient-Centered Medical Home by the National Committee on Quality Assurance (NCQA). Our providers are highly trained and experienced, and work as a team to provide exceptional care that always puts you first.

Midtown



Monica Davis, M.D.

Board-certified in
Family Medicine
*20+ years in primary
care practice*

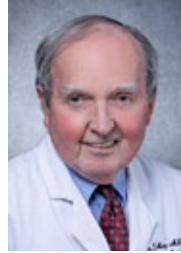
Midtown



Taura Long, M.D.

Board-certified in
Family Medicine
*10+ years in primary
care practice*

Main Campus



John J. Murray, Ph.D., M.D.

Board-certified in
Internal Medicine
*40+ years specializing in
internal medicine and
allergy & immunology*

NashvilleHealthcareCenter.com



Nashville Healthcare Center

One number for all your healthcare needs
Appointments: 615.341.4968

Two locations

Midtown

1919 Charlotte Avenue
615.341.4419
Monday – Friday, 8 a.m. – 4:30 p.m.

Main Campus

1810 Albion Street
615.341.4488
Monday – Friday, 8 a.m. – 4:30 p.m.