



# Knowles Assisted Living and Adult Day Services

Metropolitan Nashville Hospital Authority

## ADULT DAY PROGRAM

The Knowles Home Adult Day program provides seniors and adults with disabilities an array of social and personal care services Monday through Friday, 7 am—4:30 pm\*.

A discounted fee scale provides transportation in three scheduled catchment areas, assistance with medical appointments, hot breakfast/lunch and take home snacks as well as stimulating therapeutic activities in a safe and welcoming environment.

Knowles Home is one of Tennessee's first providers for Home and Community Based Services (HCBS)—a state funded Medicaid waiver program that allows participants to remain in their "home" longer. Other services included in HCBS can make home life for seniors and their family caregivers much easier.

A division of the Metropolitan Hospital Authority, Knowles Home serves residents from the mid-state area in need of adult day services or assisted living care.

For more information regarding Adult Day services, please contact 615-862-6450. To schedule a tour or learn more about HCBS, contact Gloria O'Neal, Knowles Home administrator, 615-862-6440.

*This program funded in part by the State of Tennessee  
Department of Human Services Social Service Block Grant (SSBG).*

*we care for YOU. for life.*

**For additional  
information please  
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